

# COVID RISK ASSESSMENT: PADDLESPORT code yellow.

DATE CARRIED OUT: 21/07/2020

LAST REVISION 18/05/2021

ASSESSMENT CARRIED OUT BY: Tim Shellard

REVISED BY: Gemma Clements

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments / review date
SOCIAL DISTANCING	Paddler/coach parent/guardian and members of the public	Social distancing of 2m (or 1m+ with additional measures) should be adhered in accordance with latest government guidance. Site briefings to establish ground rules and expectations. on site signage and information	Change Times. Relocate to alternative site or cancel.	
RISK OF TRANSMISSION	Paddler/coach parent/guardian and members of the public	Follow government advice for those who have symptoms or been in contact with someone with symptoms Regular hand washing cover mouth when sneezing or coughing avoid touching face, nose and eyes.	Make provision to sanitise their hands when needed. Identify touch points surfaces and equipment that may be used by multiple people and consider alternatives or regular cleaning	

VENUE	Paddlers, Parents Coaches & others	Regular maintenance of landing stages, canal bank, steps review government guidelines to ensure venue can be safely opened. paddlers are encouraged to arrive ready to paddle and shower after at home. Indoor venues should allow 100 sqft per person.	Appropriate cleaning/maintenance equipment available Review latest covid19 guidelines weekly Good signage	
ON THE WATER	Paddlers and Coaches	Stay within the limits of your ability Consult weather forecast. Maintain social distancing afloat. CLAP for coaches.	Ongoing training and regular checks of procedure Consider methods of safe rescue if required	
ENVIROMENT AND WATER QUALITY	Paddlers	Paddlers advised to bathe soon after immersion for person health and hygiene. Group made aware of environmental safety guidance and check, clean, dry guidance to minimise transportation of plant or wildlife.	Avoid intentional capsizes in poor conditions Ring nhs 111 if any syptoms of ill health within 10 days of paddling	
OTHER RIVER USERS	Paddlers and other users	Paddlers instructed to be aware of other river users and how to take appropriate/avoiding action.	Informed as to possible other river users and location	

FIRST AID	Paddlers Coaches and parents/gaurdian	Paddler to bring own First Aid kit to self-administer. Follow covid 19 first aid guidelines (st johns ambulance).	Appropriate skill and awareness training Pre session briefing to cover first aid	
COVID-19 EXPOSURE AT THE CLUB	Paddlers, Parents Coaches & others	Follow up to date public health advice this includes contact tracing Ensure names and telephone numbers and emergency contact details are recorded and up to date	Anyone who displays or develops symptoms of Covid-19 should be sent home. Attendance register to be taken and detail held for 21 days	
CLUB EQUIPMENT	Paddlers, Parents Coaches & others	Equipment sharing to be avoided unless it is within the same household. Access to club equipment is to be available through online hire scheme. Members encouraged to transport, take home, clean and look after the equipment they use. Limit handling of the same equipment between multiple members, for example teams should limit the number of players using the same ball during warm-ups.	Members only.	
CLEANING EQUIPMENT	Paddlers, Parents Coaches & others	Equipment that must be used by more than one person should be frequently sanitised. Materials used for cleaning should be accompanied by an up to date COSHH assessment.	Relevant ppe to be worn. Items should be cleaned between usage.	

GROUP SIZES	Paddlers,parents, Coaches & others	Group sizes should be maintained based on normal ratios. Indoor venues should be limited to 100 sq ft per person.	Participants arriving will be sent off as soon as possible Min distance between groups 50 metres apart.	
WEATHER AND ENVIRONMENATL CONDITIONS	Paddlers and Coaches	Wear sunscreen Terminate session if thunder and lightning is forecast or seen Try to carry out session before sunset.	Dynamic risk assessment to be carried out at start of session and at regular intervals. Carry an emergency head torch.	

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